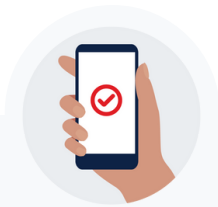


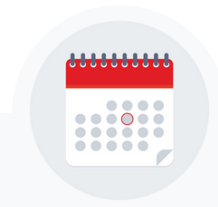
# 4 easy steps to care you will love!

Show yourself some love starting January 1st and schedule a virtual primary care visit. It's simple to do! Just follow these steps to better health:



## Step 1: Claim your account.

You're all set up. It takes just a few minutes to claim your account via our mobile app or at [fshealth.com](https://fshealth.com).



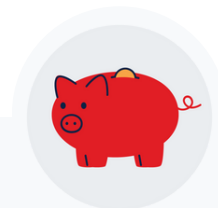
## Step 2: Schedule a visit.

It takes just 2 minutes to answer a few questions, choose your doctor and get scheduled.



## Step 3: See your new doctor.

No more waiting weeks or months for care. On average, our patients see their doctor within 4 days.



## Step 4: Pay nothing.

The last thing you need to worry about is money. That's why this service is FREE to use!

Ephrata National Bank provides virtual primary care to employees and dependents enrolled in the medical plan for free!



**Learn More**

[fshealth.com/virtual-primary-care-patients](https://fshealth.com/virtual-primary-care-patients)

Care you will love. | (888) 691-7867 | [fshealth.com](https://fshealth.com)